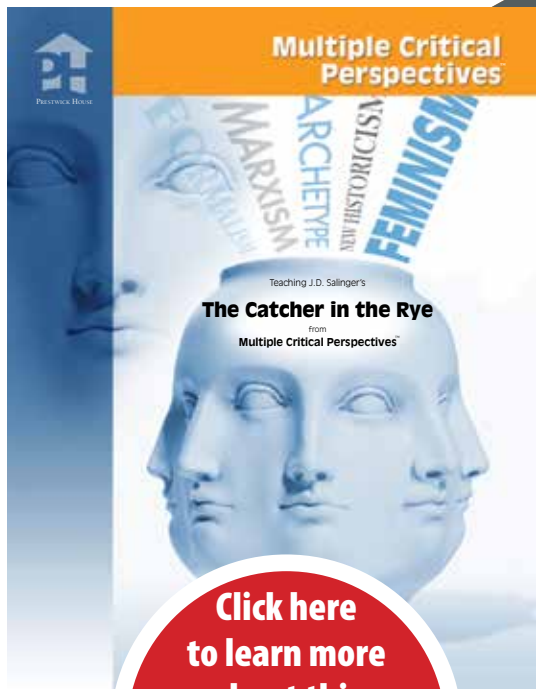




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Multiple Critical Perspectives™

Teaching J.D. Salinger's

The Catcher in the Rye

from

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by

Stephanie Polukis



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General Introduction to the Work

Introduction to *The Catcher in the Rye*

SINCE *THE CATCHER IN THE RYE* was published in 1951, the book has received mixed reviews. While several critics commend Salinger's thorough development of the narrator, the realistic use of vernacular in the narration, and the accurate portrayal of post-World War II teenage life, others feel that the novel is perverse and immoral. In fact, *The Catcher in the Rye* was on the public school's banned book list for its use of profane language, depiction of underage drinking, and sexual allusions. However, regardless of the challenges to the novel, the book was a *New York Times Bestseller* for thirty weeks, and remains popular in the twenty-first century.

While the novel in its present form is roughly 214 pages long, the story evolved from short stories published by J.D. Salinger in the 1940s. "I'm Crazy," published by *Collier's* magazine in 1945, developed into the conversation with Mr. Spencer in Chapter 2 and Holden's visit to Phoebe in Chapters 22 and 23. While the story features Holden, the Spencers, and Phoebe, it also includes Jeanette—the housekeeper—and Viola—Holden's youngest sister, who have both been omitted from the novel. Salinger's "Slight Rebellion Off Madison," published in the *New Yorker* in 1946, developed into Chapters 17 and 19 of the novel, and it featured early prototypes of Sally Hayes, and Carl Luce. In addition, *The Catcher in the Rye* was originally to be published as a 99 page novella in 1946, but Salinger backed out of the agreement with the publishing company and published the book as a full-length novel in 1951.

Even though the book is now more than fifty years old, its universal motifs of teenage angst, suspicion of authority, and rebellion against social convention still resonate with modern-day readers. The book has been translated into several different languages and is still one of the top books taught in high schools nationwide.

Psychoanalytic Theory Applied to *The Catcher in the Rye*



Notes on the Psychoanalytic Theory

THE TERM “PSYCHOLOGICAL” (also “psychoanalytical” or “Freudian Theory”) seems to encompass two almost contradictory critical theories. The first focuses on the text itself, with no regard to outside influences; the second focuses on the author of the text.

According to the first view, reading and interpretation are limited to the work itself. One will understand the work by examining conflicts, characters, dream sequences, and symbols. In this way, the psychoanalytic theory of literature is similar to the Formalist approach. One will further understand that a character’s outward behavior might conflict with inner desires, or might reflect as-yet-undiscovered inner desires.

Main areas of study/points of criticism of the first view:

- There are strong Oedipal connotations in this theory: the son’s desire for his mother, the father’s envy of the son and rivalry for the mother’s attention, the daughter’s desire for her father, the mother’s envy of the daughter and rivalry for the father’s attention. Of course, these all operate on a subconscious level to avoid breaking a serious social more.
- There is an emphasis on the meaning of dreams. This is because psychoanalytic theory asserts that it is in dreams that a person’s subconscious desires are revealed. What a person cannot express or do because of social rules will be expressed and accomplished in dreams, where there are no social rules. Most of the time, people are not even aware what it is they secretly desire until their subconscious goes unchecked in sleep.

Activity One**Evaluating the Latent Desires, Fears, and Values Revealed in Holden's Digressions**

1. Copy and distribute the handout: *The Catcher in the Rye: Psychoanalytic/Freudian Theory—Activity One: Latent Desires, Fears, and Values Revealed in Holden's Digressions*
2. Divide the class into small groups and assigned each group (or allow each to choose) one of the following:
 - Holden's description of Allie's baseball mitt and of Allie's death (Chapter 5)
 - Holden's memories of Phoebe and Allie (Chapter 10)
 - Holden's childhood friendship with Jane Gallagher (Chapter 11)
 - Holden's dislike of Jesus' disciples and his discussion with Arthur Childs (Chapter 14)
 - Holden's flashback of the fight between James Castle and Phil Stabile (Chapter 22)
3. Have each group answer the questions on the worksheet, using thorough explanations as well as examples from the text.
4. Reconvene the class and have students present their findings to the other groups.

Feminist Theory Applied to *The Catcher in the Rye*



Notes on the Feminist Theory

FEMINISM IS AN EVOLVING PHILOSOPHY, and its application in literature is a relatively new area of study. The basis of the movement, both in literature and society, is that the Western world is fundamentally patriarchal (i.e., created by men, ruled by men, viewed through the eyes of men, and judged by men).

In the 1960s, the feminist movement began to form a new approach to literary criticism. Of course, women had already been writing and publishing for centuries, but the 1960s saw the rise of a feminist literary theory. Until then, the works of female writers (or works about females) were examined by the same standards as those by male writers (and about men). Women were thought to be less intelligent than men, at least in part because they generally received less formal education, and many women accepted that judgment. It was not until the feminist movement was well under way that women began examining old texts, reevaluating the portrayal of women in literature, and writing new works to fit the developing concept of the “modern woman.”

The feminist approach is based on finding and exposing suggestions of misogyny (negative attitudes toward women) in literature. Feminists are interested in exposing the undervaluing of women in literature that has long been accepted as the norm by both men and women. They have even dissected many words in Western languages that reflect a patriarchal worldview. Arguing that the past millennia in the West have been dominated by men—whether the politicians in power or the historians recording it all—feminist critics believe that Western literature reflects a masculine bias, and, consequently, represents an inaccurate and potentially harmful image of women. In order to repair this image and achieve balance, they insist that works by and about women be added to the literary canon and read from a feminist perspective.

Activity One

Analyzing How Telling the Story from A Female Perspective Alters A Scene

1. Have students reread the following passages independently or in small groups:
 - Chapter 8, from “Old Mrs. Morrow didn’t say anything…” until “No kidding. Hours.”
 - Chapter 11, from “I remember this one afternoon…” until “Some girls you never practically figure out what’s the matter.”
 - Chapter 17, from “You can’t just do something like that…” until “I was pretty goddam fed up by that time.”
2. Depending on the time length of your class, ask students to either re-write the passage from the perspective of the female character (a. Mrs. Morrow, b. Jane Gallagher, c. Sally Hayes) or list ways in which the scene would be different if narrated by a woman.
3. Ask the students to answer the following questions:
 - How does narrating the scene from a female perspective alter the story?
 - How does narrating the scene from a female perspective alter the portrayal of the characters involved?
 - Is there any new information revealed about the events described?
 - Does this new perspective of events reveal any masculine bias in Holden’s narration? If so, what?
 - Does this new perspective refute any stereotypes about women that Holden may have made in his narration?
4. Reconvene as a class and discuss the questions.

Marxist Theory Applied to *The Catcher in the Rye*



Notes on the Marxist Theory

THE MARXIST APPROACH TO LITERATURE is based on the philosophy of Karl Marx, a German philosopher and economist. His major argument was that whoever controlled the means of production in society controlled the society—whoever owned the factories “owned” the culture. This idea is called “dialectical materialism,” and Marx felt that the history of the world was leading toward a communist society. From his point of view, the means of production (i.e., the basis of power in society) would be placed in the hands of the masses, who actually operated them, not in the hands of those few who owned them. It was a perverted version of this philosophy that was at the heart of the Soviet Union. Marxism was also the rallying cry of the poor and oppressed all over the world.

To read a work from a Marxist perspective, one must understand that Marxism asserts that literature is a reflection of culture, and that culture can be affected by literature (Marxists believed literature could instigate revolution). Marxism is linked to Freudian theory by its concentration on the subconscious—Freud dealt with the individual subconscious, while Marx dealt with the political subconscious. Marx believed that oppression exists in the political subconscious of a society—social pecking orders are inherent to any group of people.

Four main areas of study:

- economic power
- materialism versus spirituality
- class conflict
- art, literature, and ideologies



Activity One

Examining How Dialect Conveys Class Oppression in the Novel

1. Divide the class into small groups.
2. Assign each group (or allow each to choose) a character below, and have them re-read the corresponding passages:
 - Horowitz (Chapter 12, beginning with “Hey, Horowitz,” and ending with “Everything you said made him sore.”)
 - Sunny (Chapter 13, beginning with, “How do you do” and ending with “So long.”)
 - Maurice (Chapter 14, beginning with, “What’s the matter?” and ending with “All I felt was this terrific punch in my stomach.”)
 - Mr. Antolini (Chapter 24, beginning with, “Mr. and Mrs. Antolini had this very swanky apartment,” and ending with, “I can’t stand it.”)
 - Sally Hayes (Chapter 15, beginning with “Anyway, I gave her a buzz,” and ending with, “but she was very good-looking”; Chapter 17, beginning with, “Finally, old Sally started coming up the stairs,” and ending with, “God I’m a madman”; and Chapter 20, beginning with, “Then there was a different voice,” and ending with “When I’m drunk, I’m a madman.”)
 - Mrs. Morrow (Chapter 8, beginning with, “All of a sudden, this lady got on at Trenton,” and ending with, “even if I was desperate.”)
3. Have the groups analyze the dialogue of their assigned character and make a list of what words or phrases reveal the character’s class status and why.
4. Have them also note the *impression* being created by the representation of each character’s dialect. What trait is being most emphasized in each character’s speech?
5. Finally, have students note the techniques Salinger uses to recreate each character’s dialect (e.g., italicizing individual syllables, apostrophes to indicate dropped letters, etc.).