Vocabulary Power Plus for the ACT $^{\circledR}$

Power Plus


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Reading, and Writing
Exercises for High Scores

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## Prestwick House

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## Introduction.

Vocabulary Power Plus for the ACT combines classroom tested vocabulary drills with reading and writing exercises designed to prepare students for the American College Testing assessment; however, Vocabulary Power Plus for the ACT is a resource for all students-not just those who are college bound or preparing for the ACT. This series is intended to increase vocabulary, improve grammar, enhance writing, and boost critical reading skills for students at all levels of learning.

Vocabulary lessons combine words-in-context exercises with inferences to ensure that definitions are understood, instead of merely memorized.

Lengthy critical reading exercises and detailed questions emulate the reading passages of the ACT Reading test. Each passage involves a topic in social studies, natural science, prose fiction, or humanities, and is accompanied by multiple levels of questions.

ACT-style grammar passages and questions provide practice in punctuation, usage, structure, and word choice.

The process-oriented writing exercises in Vocabulary Power Plus for the ACT develop speed and thrift in essay writing, qualifiable with the objective writing fundamentals in the simulated ACT essay scoring guide.

We hope that you find the Vocabulary Power Plus for the ACT series to be an effective tool for teaching new words and an exceptional tool for preparing for the ACT.

## Strategies for Completing Activities

## Roots, Prefixes, and Suffixes

A knowledge of roots, prefixes, and suffixes can give readers the ability to view unfamiliar words as puzzles that require only a few simple steps to solve. For the person interested in the history of words, this knowledge provides the ability to track word origin and evolution. For those who seek to improve vocabulary, this knowledge creates a sure and lifelong method; however, there are two points to remember:

1. Some words have evolved through usage, so present definitions might differ from what you infer through an examination of the roots and prefixes. The word abstruse, for example, contains the prefix $a b$ (away) and the root trudere (to thrust), and literally means to thrust away. Today, abstruse is used to describe something that is hard to understand.
2. Certain roots do not apply to all words that use the same form. If you know that the root vin means "to conquer," then you would be correct in concluding that the word invincible means "incapable of being conquered"; however, if you tried to apply the same root meaning to vindicate or vindictive, you would be incorrect. When analyzing unfamiliar words, check for other possible roots if your inferred meaning does not fit the context.

Despite these considerations, a knowledge of roots and prefixes is one of the best ways to build a powerful vocabulary.

## Critical Reading

Reading questions generally fall into several categories.

1. Identifying the main idea or the author's purpose. Generally, the question will ask, "What is this selection about?"

In some passages, the author's purpose will be easy to identify because one or two ideas leap from the text; however, other passages might not be so easily analyzed, especially if they include convoluted sentences. Inverted sentences (subject at the end of the sentence) and elliptical sentences (words missing) will also increase the difficulty of the passages, but all of these obstacles can be overcome if readers take one sentence at a time and recast it in their own words. Consider the following sentence:


#### Abstract

These writers either jot down their thoughts bit by bit, in short, ambiguous, and paradoxical sentences, which apparently mean much more than they say-of this kind of writing Schelling's treatises on natural philosophy are a splendid instance; or else they hold forth with a deluge of words and the most intolerable diffusiveness, as though no end of fuss were necessary to make the reader understand the deep meaning of their sentences, whereas it is some quite simple if not actually trivial idea, examples of which may be found in plenty in the popular works of Fichte, and the philosophical manuals of a hundred other miserable dunces.


If we edit out some of the words, the main point of this sentence is obvious.

> These writers either jot down their thoughts bit by bit, in short, sentences, which apparently mean much more than they say
> they hold or as deluge of words reader understand the deep meaning of their sentences to make the

Some sentences need only a few deletions for clarification, but others require major recasting and additions; they must be read carefully and put into the reader's own words.

Some in their discourse desire rather commendation of wit, in being able to hold all arguments, than of judgment, in discerning what is true; as if it were a praise to know what might be said, and not what should be thought.

After studying it, a reader might recast the sentence as follows:
In conversation, some people desire praise for their abilities to maintain the conversation rather than for their abilities to identify what is true or false, as though it were better to sound good than to know what is truth or fiction.
2. Identifying the stated or implied meaning. What is the author stating or suggesting?

The literal meaning of a text does not always correspond with the intended meaning. To understand a passage fully, readers must determine which meaning-if there is more than one-is the intended meaning of the passage.

Consider the following sentence:

> If his notice was sought, an expression of courtesy and interest gleamed out upon his features; proving that there was light within him and that it was only the outward medium of the intellectual lamp that obstructed the rays in their passage.

Interpreted literally, this Nathaniel Hawthorne metaphor suggests that a lightgenerating lamp exists inside of the human body. Since this is impossible, the reader must look to the metaphoric meaning of the passage to properly understand it. In the metaphor, Hawthorne refers to the human mind-consciousness-as a lamp that emits light, and other people cannot always see the lamp because the outside "medium"-the human body-sometimes blocks it.
3. Identifying the tone or mood of the selection. What feeling does the text evoke?

To answer these types of questions, readers must look closely at individual words and their connotations; for example, the words stubborn and firm have almost the same definition, but a writer who describes a character as stubborn rather than firm is probably suggesting something negative about the character.

## Writing

The ACT writing exam allocates only thirty minutes to the composition of a well-organized, fully developed essay. Writing a satisfactory essay in this limited time requires the ability to quickly determine a thesis, organize ideas, and produce adequate examples to support the ideas.

An essay written in thirty minutes might not represent the best process writingan ACT essay might lack the perfection and depth that weeks of proofreading and editing give to research papers. Process is undoubtedly important, but students must consider the time constraints of the ACT. Completion of the essay is just as important as organization, development, and language use.

The thesis, the organization of ideas, and the support make the framework of a good essay. Before the actual writing begins, a writer must create a mental outline by establishing a thesis, or main idea, and one or more specific supporting ideas (the number of ideas will depend on the length and content of the essay). Supporting ideas should not be overcomplicated; they are simply ideas that justify or explain the thesis. The writer must introduce and explain each supporting idea, and the resultant supporting paragraph should answer the why? or who cares? questions that the thesis may evoke.

Once the thesis and supporting ideas are identified, writers must determine the order in which the ideas will appear in the essay. A good introduction usually explains the thesis and briefly introduces the supporting ideas. Explanation of the supporting ideas should follow, with each idea in its own paragraph. The final paragraph, the conclusion, usually restates the thesis or summarizes the main ideas of the essay.

Adhering to this mental outline when the writing begins will help the writer organize and develop the essay. Using the Organization and Development scoring guides to evaluate practice essays will help to reinforce the process skills. The Word Choice and Sentence Formation scoring guides will help to strengthen language skills-the vital counterpart to essay organization and development.

## Pronunciation Guide

```
a - track
\(\bar{a}\) - mate
ä - father
â - care
e-pet
\(\overline{\mathrm{e}}\) —be
i - bit
\(\overline{1}\)-bite
o - job
\(\overline{\mathrm{o}}\) - wrote
ô - port, horse, fought
ōō - proof
ŏŏ - book
u - pun
\(\bar{u}\) - you
û - purr
ə - about, system, supper, circus
îr - steer
ë - Fr. coeur
oi - toy
```


## Word List

Lesson 1
arable
camaraderie
desiccate
equanimity
frangible interminable
litany
lugubrious
moratorium
replete
truncate
ubiquitous
vernacular
wrenching
zealous
Lesson 2
brigand
carte blanche
contemptuous
cosmopolitan
donnybrook
incantation
interlocutor
metamorphosis
nomenclature
nonchalant
procrustean
rife
sophistry
stygian
vestige

Lesson 3
abstemious
archaic
atelier
axiom
dulcet
expurgate
iniquity
patronizing
pellucid
peremptory
perspicacious
scapegoat
talisman
usurp
vacillate
Lesson 4
apocryphal
catharsis
crepuscular
efficacious
estrange
internecine
intrinsic
inundate
kudos
maxim
putrid
revere
risible
servile
sybaritic

Lesson 5
anomaly
compendium
comprise
consternation
coterie
disconcert
eidetic
expiate
flippancy
foist
incongruous
innocuous
plethora
preamble
vitriolic
Lesson 6
accoutrement
antediluvian
contrive
haughty
hubris
imbroglio
peregrination
platitude
prognosticate
quotidian
sanctimonious
scullion
sectarian
stringent
venerate

Lesson 7
anecdote
churlish
coeval
cogent
convoluted
dilatory
entreat
gibberish
incumbent
inimical
livid
lurid
nexus
promulgate
staid
Lesson 8
aleatory
allay
ameliorate
asperity
exegesis
inveigh
lionize
otiose
pander
profligate
puerile
recalcitrant
renunciation
unimpeachable
vitiate

Lesson 9
benign
blithe
bumpkin
corroborate
culpable
frenetic
hortatory
indecorous
orotund
penultimate
pervasive
provocative
recrimination
soporific
toady
Lesson 10
circuitous
circumlocution
depredate
indolent
largesse
luminous
majordomo
perambulate
perquisite
polemical
probity
tacit
timorous
untenable
veneer
$\underline{\text { Lesson } 11}$
bulwark
canard
cortege
crescendo
demotic
disingenuous
dogged
etymology
impresario
intransigent
malaise
requisite
simian
solecism
wont
$\underline{\text { Lesson } 12}$
assiduous
bellicose
compunction
condescending
epiphany
panacea
physiognomy
propensity
pulchritude
revel
rhapsodize
sepulcher
umbrage
voluble
wizened

Lesson 13
analgesic
conflagration
discretionary
draconian
florid
flummox
fractious
histrionics
implicate moribund noisome punctilious turpitude unpalatable veritable

Lesson 14
artisan
boondoggle
curmudgeon
fiduciary inculcate
indiscernible
moiety
opprobrium
phlegmatic
potentate
protégé
reciprocate
repugnant
tenable
virulent

Lesson 15
appellation
autonomy
chthonian
coagulate
extirpate
gustatory
jurisprudence
malevolent
misanthrope
peripatetic
prominent
puissance
scion
supercilious
tutelary
Lesson 16
arcane
bourgeois
exculpate
indefeasible
matriculate
mercurial
nascent
paladin
salubrious
sine qua non
squelch
tangential
trenchant
tyro
vicissitude

Lesson 17
alimentary
ascetic
attenuate
attribute
celerity
congenital
depravity
discourse
encomium
ethereal
megalomania
mutable
primordial
remuneration
tactile

Lesson 18
cumulative
exhilaration
extricate
goad
impunity
lithe
poignant
propriety
pundit
satiate
superfluous
surfeit
trite
venial
vituperative

Lesson 19
abjure
dissipate
extant
fulsome
inchoate
inveterate
propitious
rescind
schism
spurious
stentorian
transient
tremulous
unwieldy
utilitarian

Lesson 20
acme
cerebral
conundrum
deleterious
discerning
echelon
hypocrisy
idyllic
malinger
nondescript
punitive
relegate
serendipity
soluble
waive

Lesson 21
abrogate
analects
anomie
apostasy
cognizant
extrinsic
factotum
febrile
magniloquent
outré
parity
propinquity
prosaic
supine
surreptitious

## Lesson One

1. camaraderie (kä mə rä́ də rē) n. rapport and goodwill

The coach attributed the team's success to the camaraderie among the players.
syn: friendship; amity ant: enmity; hostility
2. frangible (frań jə bal) adj. fragile; easy to break Mom seldom removed the frangible, antique dishes from the cabinet. syn: delicate; breakable ant: sturdy; strong
3. litany (lí to nē) n. a long, repetitive, or dull account The dissatisfied customer read a litany of complaints to the company representative.
4. moratorium (mor $\partial$ tō $^{\prime} \overline{\mathrm{e}}$ əm) n. a suspension of activity; an authorized delay
The warring factions declared a moratorium on combat during the peace talks.
syn: cessation; postponement ant: rush; continuation
5. zealous (zel' əs) adj. fervent; fanatical

The zealous gardener planted so many flowers that a number of them did not have the necessary space in which to grow.
syn: passionate; enthusiastic
ant: uninterested; indifferent
6. desiccate (des'i kāt) v. to dry out; to remove moisture Janet desiccates flowers and then uses them to make wreaths. syn: dehydrate ant: moisten; dampen
7. wrenching (rench ing) adj. causing mental or physical pain The wrenching photographs of the starving children prompted Mike to send a donation.
syn: distressing; agonizing ant: pleasant; comforting
8. replete (ri plēt') adj. full; abundant

The anglers were happy to find their stream replete with trout. syn: abounding; rife ant: lacking; empty
9. interminable (in tûr mə nə bəl) adj. tiresome and long; seemingly endless
The last few hours of school before the holiday vacation seemed interminable.
syn: tedious ant: fleeting; limited
10. arable (ar' a bol) adj. suitable for cultivation of land Death Valley and the Badlands are both characterized by their lack of arable soil.
syn: fertile; fecund ant: barren; infertile
11. lugubrious (lə gōō brē əs) adj. mournful; gloomy

The lugubrious funeral scene temporarily interrupted the comic tone of the play.
syn: somber; depressing ant: joyful
12. truncate (trung' kāt) v. to shorten

The candidate truncated his campaign because of a family illness. syn: abridge; abbreviate ant: lengthen; increase
13. ubiquitous (yōō bik' wi təs) adj. occurring or seeming to occur everywhere; omnipresent
The camping trip was horrible; the mosquitoes were ubiquitous and hungry.
syn: universal ant: nonexistent
14. vernacular (vər nak' yə lər) n. everyday language

Using slang or vernacular in a formal term paper is usually inappropriate.
15. equanimity (ēk wə nim ${ }^{\text {i tē) } n \text {. composure; calmness }}$

Oddly enough, the plaintiff recounted the story of her attack with perfect equanimity.
syn: poise; sangfroid ant: anxiety; agitation

## Exercise I

## Words in Context

From the list below, supply the words needed to complete the paragraph. Some words will not be used.

| litany | truncate | lugubrious | camaraderie |
| :--- | :--- | :--- | :--- |
| equanimity | interminable | zealous |  |

1. Tony brushed the rain off his jacket as he walked through the glass doors to the school. It was a[n] $\qquad$ Saturday morning, so Tony was happy that the assessment test was not scheduled for a beautiful spring day. He sat down with his answer booklet, and the test proctor began the standard, twenty-minute $\qquad$ of instructions, as though the $\qquad$ four-hour test were not long enough without the elaborate instructions. Tony, not at all nervous after having taken the test three times already, listened to the proctor with $\qquad$ ; however, some of the more
$\qquad$ test-takers anxiously tapped their \#2 pencils, eager to begin filling in the hundreds of tiny circles on their answer sheets.

From the list below, supply the words needed to complete the paragraph. Some words will not be used.

| frangible | desiccated | arable | ubiquitous |
| :--- | :--- | :--- | :--- |
| replete | vernacular | zealous |  |

2. Abby had taken Spanish in high school, but she had trouble understanding the shopkeeper's $\qquad$ The little shop was $\qquad$ with the things that tourists often needed, such as film, medicine, and long-distance phone cards; a shelf in front of the counter contained the hundreds of keychains, coffee mugs, old, $\qquad$ hard candies, and tee shirts
$\qquad$ in every souvenir shop. A row of $\qquad$ vases and pottery on a shelf behind the counter caught Abby's eye, but she had actually come in to ask about the exotic plants growing in the $\qquad$ plot outside, behind the store.

From the list below, supply the words needed to complete the paragraph. Some words will not be used.

| litany | truncate | camaraderie <br> moratorium <br> arable |
| :--- | :--- | :--- | | desiccate |
| :--- |$\quad$ wrenching

3. After the $\qquad$ on racing during a storm had been lifted and the track dried, spectators watched the $\qquad$ and ease among members of the pit crews as they made adjustments to cars in the minutes before drivers could return to the track. Despite the excitement in the air, the whole scene was depressing for Miles, a former driver who had to watch the race from the stands. The eight titanium pins holding his leg bones together never let him forget the $\qquad$ injury that had $\qquad$ his once-promising racing career.

## Exercise II

## Sentence Completion

Complete the sentence in a way that shows you understand the meaning of the italicized vocabulary word.

1. When Angie complained about having to do chores for her allowance, her dad began his usual litany about...
2. It's difficult to maintain one's equanimity when...
3. The cooler at the picnic was replete with...
4. Dirk began to question the camaraderie of his teammates when one of them...
5. The actor became frustrated when the ubiquitous tabloid reporters...
6. Anita wanted a home with an arable yard where she could...
7. The interminable wait at the checkout line made Raymond decide...
8. When you pack the boxes for the move, put the frangible items...
9. Between innings, one of the zealous fans at the game...
10. Bill likes comic poems, but Sylvia prefers lugubrious ones that...
11. The NCAA imposed a brief moratorium on Central University's football games when several athletes...
12. Shelly used common vernacular to identify the animals, but the zoology professor wanted her to...
13. You will need to truncate your award speech if you find out...
14. Giles tried to suppress his wrenching memories of...
15. The pioneers desiccated some of the beef so that they.

## Exercise III

## Roots, Prefixes, and Suffixes

Study the entries and answer the questions that follow.

The prefix ortho means "straight" or "correct."
The prefix hetero means "different."
The prefix homo means "same."
The roots dogm and dox mean "belief."
The root gen means "type."
The suffix logy means "word."

1. Using literal translations as guidance, define the following words without using a dictionary.
A. dogmatic
D. orthodox
B. heterodox
E. doxology
C. homogenous
F. heterogeneous
2. If para means "beyond," then a paradox is something that is $\qquad$ ـ.
3. List as many words as you can think of that begin with the prefix ortho.
4. What is homogenized milk?
5. Give an example of a dogma.
6. List as many words as you can think of that contain the root gen.

## Exercise IV

## Inference

Complete the sentences by inferring information about the italicized word from its context.

1. That is a ubiquitous species of tree, so don't be surprised if, during your vacation abroad, you...
2. If you have arable ground on your property, then you might consider..
3. If you are bored, and the weather is lugubrious, you might...

## Exercise V

## Writing

Here is a writing prompt similar to the one you will find on the essay writing portion of the ACT.

Entertainment today, both in film and literature, is rife with misdirected judgments. When we read books or watch films set in historical contexts of the mid-1800s or earlier, we tend to weigh the behavior of characters against our expectations for people of the present. The featured heroes, or even the sympathetic characters, tend to be those who stand out among their contemporaries by espousing beliefs or attitudes of the present. This causes the other characters, representing the status quo, to seem primitive, or even barbaric, by comparison.

This often unconscious "judgment" that we render upon fiction is best described as presentism, an act of applying the values and beliefs of the present to the people-real or fictional-of past generations, cultures, and civilizations. There is a perpetual debate over the virtue of the founders of America, some of whom blazed frontiers, engaged in fierce battles, and established a successful republic, but were simultaneously practitioners of slavery or participants in campaigns against native Americans.

By present-day mores and beliefs, of course, slavery and genocide are regarded as abject evils, but does this make the successful figures of the past, and the fruits of their labor-the nation-evil? Should
our predecessors be regarded as evil because they espoused corporal punishment, and profitted from child labor?

Take a position and explain whether or not the heroes of the past, or the people regarded as notable figures in history, should be celebrated for their achievements or forgotten due to their participation in societal norms that offend modern sensibilities. Imagine that your argument will become the preface to a collection of biographies of people know for their historical achievements in science, exploration, literature, or any other field.

Thesis: Write a one-sentence response to the above assignment. Make certain this single sentence offers a clear statement of your position.

Example: Because society's expectations, choices, and more were different in earlier times, people who lived then should not be judged by today's mores.

Organizational Plan: List at least three subtopics you will use to support your main idea. This list is your outline.

1. $\qquad$
2. $\qquad$
3. 

Draft: Following your outline, write a good first draft of your essay. Remember to support all your points with examples, facts, references to reading, etc.

Review and revise: Exchange essays with a classmate. Using the scoring guide for Organization on page 240, score your partner's essay (while he or she scores yours). Focus on the organizational plan and use of language conventions. If necessary, rewrite your essay to improve the organizational plan and your use of language.

